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Entry Filename	Description	Form Type	Page/Folio
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mansang_8k	Submission Information		
exhibit_index	Exhibit Description	COVER	
mansang_8k	Current Report	8-K	
exhibit_99-1	Press Release - Man Sang Holdings, Inc.	EX-99.1	

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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): June 28, 2007

MAN SANG HOLDINGS, INC.

(Exact name of registrant as specified in its charter)

NEVADA
(State or other
jurisdiction of incorporation)

000-20877
(Commission
File Number)

87-0539570
(IRS Employer
Identification No.)

21st Floor, Railway Plaza, 39 Chatham Road South,
Tsimshatsui, Kowloon,
Hong Kong SAR
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (852) 2317 5300

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

SECTION 8 – OTHER EVENTS

Item 8.01 Other Events

On June 28, 2007, Man Sang Holdings, Inc.'s (the "Company") Board of Directors declared a cash dividend of \$0.25 per share of Common Stock to stockholders of record on July 24, 2007. The Company's press release announcing the distribution of the same today is filed as Exhibit 99.1 hereto.

SECTION 9 – FINANCIAL STATEMENTS AND EXHIBITS

Item 9.01 Financial Statements and Exhibit

(d) Exhibits

Exhibit Number	Description of Exhibit
99.1	Press Release - Man Sang Holdings, Inc. Distributes Cash Dividends.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 8, 2007

MAN SANG HOLDINGS, INC.

By: /s/ CHENG Chung Hing, Ricky
CHENG Chung Hing, Ricky
Chairman of the Board, President and
Chief Executive Officer

EXHIBIT INDEX

Exhibit Number	Description
99.1	Press Release - Man Sang Holdings, Inc. Distributes Cash Dividends.

Man Sang Holdings, Inc. Distributes Cash Dividends

NEW YORK - (BUSINESS WIRE) – August 8, 2007 – Man Sang Holdings, Inc. (the “Company”) (AMEX: MHJ) today announced that it had distributed a cash dividend of \$0.25 per share of common stocks to its stockholders whose names appear on the list of stockholders of the Company as at the close of business on July 24, 2007.

The dividend consists of a return of capital to stockholders and therefore no distributable income should be involved. However, stockholders receiving the dividend may be subject to withholding tax under certain circumstances. Any stockholder of the Company who is in doubt as to the application of relevant tax laws and regulations to his or her particular situation is urged to consult his or her tax advisors for advice.

About Man Sang Holdings, Inc.

Man Sang Holdings, Inc. and its subsidiaries (together the "Man Sang Group") are one of the world's largest purchasers and processors of saltwater cultured and freshwater cultured pearls. Man Sang Group is principally engaged in the purchasing, processing, assembling, merchandising and wholesale distribution of pearls, pearl jewelry and other jewelry products. In addition, the Man Sang Group owns and operates Man Sang Industrial City, located in Gong Ming Zhen, Shenzhen, PRC.

This release contains information and "forward-looking statements" that relate to matters that are not historical facts and which are usually preceded by the words "may," "will," "should," "could," "would," "plan," "potential," "estimate," "project," "believe," "intend," "anticipate," "except," "target" and similar expressions. These forward-looking statements are subject to significant risks, assumptions and uncertainties. Because of these and other uncertainties, our actual results may be materially different from those described in these forward-looking statements. The forward-looking statements in this release speak only as of the date of the release, and we do not assume any obligation to update the forward-looking statements or to update the reasons why actual results could differ from those contained in the forward-looking statements.

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